

CROSS COUNTRY NEWFOUNDLAND AND LABRADOR
Spring AGM – Glynmill Inn, Corner Brook, May 12-13, 2017

Attendance:

Gerry Rideout	President CCNL/ Fundraising /President, Menihek Nordic Ski Club
Pamela Cronhelm	Secretary
Bridget Baker	Treasurer
Greg Noonan	Western Vice President/Whaleback Ski Club
Nick Soper	Central Vice President/President, Airport Nordic Ski Club
Tina Newbury	Jackrabbit Coordinator
Will Fitzgerald	Director at Large, Government Grants and Liaison
Brian Dunphy	Junior Development Director
Luke Dunphy	XCNL Head Coach
Karin Khune	Administrator, XCNL Ski Team
Judy May	Coaching Coordinator
George Pink	Northern Vice President/Vice President, Aurora Nordic Ski Club/Director Policies & Procedures
Malcolm Turner	President, Pasadena Ski & Nature Park
Margaret Tibbo	Para Nordic Director
Shawn Leamon	Officials Director (New)
Blaine Pearce	Eastern Vice President/Clareville Nordic Ski Club
Brian Moores	President of Blow Me Down Ski Club, Saturday only
Gord Parrill	Pasadena Ski and Nature Park, Saturday only
Jamie Merrigan	Blow Me Down Ski Club

Regrets

Colin Taylor	President, Avalon Nordic Ski Club
Dana Pittman	President, Exploits Valley Ski Club
Lesley Hillier	President, Viking Trail Ski Club
Keith Barrington	President, Clareville Nordic Ski Club
Darcy Hancock	President, Mt. Nascopi Ski Club
Cyril Brennan	President, Birch Brook Ski Club
George Smith	President, Aurora Nordic Ski Club

1. Welcome and Introduction. Call to order at 1910. Goal to adjourn at 2200. Round table introduction by all in attendance was made.
2. Approval of agenda (additions/omissions?). **Motion to approve by Malcolm Turner, seconded by George Pink, carried.**
3. Adoption of minutes 2016 AGM & Business arising. Gerry asked all to review minutes, please. No new business indicated. Will Fitzgerald indicated that his email address is fitzw@hotmail.com.

4. Review of Minutes 2016 Fall Executive Meeting & Business arising. To be approved at next Fall Executive meeting.

5. Club President's Reports. (verbal and electronic reports in separate President's Reports, available upon request) The club representatives in attendance gave a brief overview of their club report

6. Association Reports.

President - Gerry Rideout (verbal report) - really proud of the premier year for the NL Cup series, all clubs took it on. Lots of people got involved. Kudos are given to Jamie and Andrew for the idea and getting it going.

- Provincials went off really well, Gordon Brewer Trophy went to BMD
- High School Provincials did not go ahead on the Northern Peninsula as planned due to lack of accommodations
- Thanks to Luke, Brian, Karin, and Bridget. Will for grants, Pam for Newsletters
- Junior Development draw was the best on in years, 1554 tickets were sold. (see report as was sent out)
- I remind everyone when they fill out forms to please read the directions
- Operational grants are gone in/Capital Grant
- Michelle Healey now has a new title and expanded role, Bill Taggart is our contact for now.
- Communications and promotion of the sport is very important to CCNL, get those stories out. This will hopefully lead us to new sponsors. TECK is still giving us money, along with the Provincial Government, Provincial Airlines, Outfitters.
- Muggs is working with Barry Hicks / SportNL and will have a booth for ParaNordic skiing.

CCNL Division Report 2017, Gerry Rideout-President (electronic report)

Serious winter seemed to strike all of NL this year, some clubs got early snow and others got big dumps, but the weather did not hamper our wonderful events.

- October 23rd skiing at Menihek Nordic
- Successful Early snow Provincial Camp with Luke, Brian and Rhonda coaching. Great to have Mike Veria from CCC there.
- Labrador Open Races went very well with good numbers.
- First year for NL Cups, we had five and all went well, appreciate the clubs involvement, Luke's contribution and Erik keeping all the stats, Thanks.
- Really proud to see all the KidsFest Events across the Province and Labrador. Keep up the good work Tina, getting the information out and encouraging clubs to get involved.

- Masters Provincials in Stephenville was a fun event again, Thanks to Bruce LeGrow, Masters President and Whaleback Club with Greg and crew. This coming year is 20th Anniversary.
- The Marathon at Whaleback was a really good event, lots of good accolades and new sponsor this year in The Outfitters
- The Provincials in St. Anthony, hosted by Aurora Nordic was a top notch event and went very smoothly with good participation, lots of young skiers. Blow Me Down got the Gordon Brewer Memorial Trophy congratulations.
- The Provincial Team is building from the ground up with lots of young new members. They went to the Eastern's and Nationals and Makaila Hudson went to Utah, USA for the World Junior trials.
- Para Nordic, Muggs keeps plugging away at it and hopefully she will get some help .Got some new equipment this year.
- Loppets across the Province continue, this year Birch Brook was back on board. The 42nd Great Labrador Loppet this year had 163 skiers on a beautiful sunny day.
- We are disappointed with the High School Provincials being cancelled in BMD and Mount St. Margaret's but that was the circumstances.
- Thanks to George Pink for all the work on P&P, we will need to look at this again for upgrade Policies & Procedures.
- Tina doing good job with Jackrabbit League organizing.
- Pam, great newsletters.
- Jason Soper now looking after website and turning out very well.
- Bridget and Karin good work on the budget and finances.
- Greg is getting good success with clubs and zone4 and looking after membership.

Vice President, Northern - George Pink (verbal report) - outside of Aurora, not much is happening at other clubs. There has been lots of communication with Ron Chambers, and agree that out migration is killing the northern peninsula ski community. Clubs are struggling with low participation and no interest in racing, few volunteers. Plum Point had 50 Jack Rabbits, Ron and Anne are holding that ski club together, as it is. Deep Cove mostly snowshoers, about 9 female skiers. Viking Trail mostly snowshoeing female members. Ron wasn't able to host the High School Provincials so wasn't interested in the KidsSki Fest. St. Anthony is doing well, and holding its own right now. Our fundraisers included a Ladies Night, Steak Night, Annual Lobster Boil later in the spring, and selling tickets. We hosted to successful events back to back. We didn't get the BR 180 fixed as

anticipated. It will probably be about another 3-4 years before we see another group of kids eligible for the Provincial Team.

Vice President, Eastern - Blaine Pearce (verbal report) - I didn't get an official report from Colin, but there are more members from Avalon trekking out to Clarenville. Our focus will be more on leadership and technical training.

Will Fitzgerald - this is the first year with the loss of Butter Pot park, and there's a decrease in membership, the worst in the last 12 years. Clarenville actually benefitted from Avalon's membership decrease as Blaine indicated.

Vice Western, Western - Greg Noonan (verbal report) - enjoying the same number of volunteers, but some the same ones as 15 years ago. Activities held in western were: Provincial Team training camp, Christmas races, 2 Loppets (Whaleback and BMD), Provincial Masters, Marathon, Group from Toronto's High Park who have no trails so they travel around for cross country skiing, about 50 members. Would like to travel next season to Pasadena to check out their trails.

Gerry for Labrador - No report from Darcy Hancock - Happy Valley/Goose Bay has a new group running its club, with new executive, new groomers, new energy, Jessica Hahn. They had a \$15,000 hot tub fundraiser, and was huge for them this year. Lots of racers, athletic membership. Cathy Jong reorganized everything.

There are skiers in Makkovik but they don't want to be a part of anything, nothing happening in Nain.

Meeting adjourned at 2200, to reconvene at 0900.

In addition to yesterday's attendees, Gord Parril and Brian Moores present today, meeting called to order at 0905.

Muggs inducted into the CCNL Hall of Fame, Will Fitzgerald read out Bio and presentation was made. Gerry suggested we should have a CCNL Banner for special presentations such as this. Will and Blaine presented award to Muggs, pictures were taken. Muggs Bio included below.

Margaret "Muggs" Tibbo, Avalon Nordic Ski Club, St. John's

Muggs has been helping to make skiing accessible for those with disabilities for over 35 years.

In '79 she coordinated a clinic at Marble Mt. and was then invited to a CADS (Can. Assoc. for Disabled Skiing) Festival/Race in Quebec. The rest is history!

1980's and on: Muggs worked provincially and nationally to develop resources, promote paranordic and run races. She worked with Jamie Graham, Francine LeMire and others

on one of the first manuals for paranordic. Over the years she provided assistance to individuals with disabilities, their clubs and event-hosting clubs.

'83-'98 Muggs was Manager of the Canadian National Team (paranordic) and attended national and international events and training camps, including the Paralympics and World Championships where Francine LeMire won her gold medals.

'98-2000 Muggs was part of the transition team for the transfer of paranordic from CADS to CCC.

Avalon Nordic Ski Club: Muggs coordinated skiing for those with visual or physical impairments in her home club. She also contributed as a Jackrabbit Leader, Tour Leader, Instructor, and Official.

Canada Winter Games: She was involved as an Official or Mission Staff in '99, '03, '11 and '15. In '11 she was on the committee for inclusion of paranordic in the CWG for the first time and now is on the standing committee for paranordic with CCC.

Muggs has attended many provincial winter games to support inclusion.

CCC Firth Award winner for a woman who has made significant contributions to cross country skiing in Canada.

Queen's Jubilee Medal

Treasurer, Bridget Baker - Financial Report Hard copies of the Financial Report was circulated around the table, with discussion. (electronic report was not received, available upon request)

- there's approximately \$500 that's still due from Zone 4
- members increased but association fees are down, thinking there should still be more money out there still to come in
- wondering if there were more children/junior members this past year
- Gary Sooley is the new President of Viking Trail, George Pink will check into their membership fees
- The year end is June 30, please send what you have. Luke asked to please estimate the bulk of June's camp expenses coming in by June 10 registration to factor in for the year end audit
- Karin \$10,000 vs \$23,639.57 total cost, \$10,000 is CCNLs contribution, difference explained, \$948 cash positive.
- There's a flow between budgets such as Eastern's, Nationals, Camps etc. Luke submitted approx \$550 from the provincial team

- Makaila went to the NorAm races, \$250 was awarded to her for these races
- No one went to SilverStar, lots of jr. skiers this year, coaches wanted to focus in-province, grass roots racing. The funding for this not used and may be requested back, \$1500.
- Muggs did not spend the Para Nordic funding
- Provincials full \$1500 will be paid out
- Nationals next year will be in Thunder Bay

Motion was made by George Pink to accept Financial Report, seconded by Tina Newbury. Motion carried.

Greg Noonan - (see CCNL Membership Report, 2016-17) remittances discussed

- Viking Trail had no #s submitted, George Pink was asked to check on it for Viking Trail
- Blaine had 398 registered for a total of \$3380
- #s increased from last year, may be contributed to early snow?
- Greg asked to please send out comparison with last years

CCNL Membership Report, 2016 - 17

	14 yrs +	13 yrs -	Total
Airport Nordic	370	91	461
Mt. St Margaret	27	39	66
Avalon Nordic	113	68	181
Pasadena	167	52	219
Birch Brook	114	45	159
Whaleback	196	52	248
Clareville	307	67	586
Aurora Nordic	142	43	185
Exploits Valley	280	172	452
Blow Me Down	466	120	586
Mt Nascopi	92	46	138

Viking Trail

Menihek **223** **64** **287**

Total **2497** **859** **3356**

Total for 2006-07 = 2439 **Total for 2009-10 = 2652** **Total for 2012-13 = 3139**

Total for 2007-08 = 2763 **Total for 2010-11 = 2620** **Total for 2013-14 = 3377**

Total for 2008-09 = 2611 **Total for 2011-12 = 2825** **Total for 2014-15 = 3127**

Total for 2015-16 = 3112

Submitted by Greg Noonan

Motion was made by Bridget Baker to accept Membership Report, seconded by Blaine Pearce. Motion carried.

Coaching Director, Judy May (verbal report)

The key focus this season was to get Luke up to speed.

- Mark held two courses
- Luke and Rhonda did training in Labrador during the camp
- Geri Graham ICC - CC certified did some courses
- there was a set of courses held in Gander with attendees from Grand Falls Windsor, too
- Judy sets up courses as per requests
- Changes for next year include ICC going online, with prerequisite for CC, in two parts. Coach initiation, about 1 hour, and available online now, free until July
- Generic and goes towards any sport.
- next season, ICC can still be in person, but will be online after that
- CCC Insurance standards require that you have the course for what level you will be instructing
- JR instructors must have L2T
- Karin stated the new CEO has mandated that you have the Community Coach certification
- training, coach initiation, ICC Bunnies, CC needed for JR
- Karin will send updates to Judy as she get them, there has been no claims within CCNL

- Judy has monthly Co-ordinator calls.
- 9 - 12 L2T, Canada Games coach has to be trained and certified with L2C, 12-16 T2T
- Can Luke be evaluated in Labrador for that week, CCC mandated to send 1 trainer to NL

Coaching Coordinator Report 2016-2017 (electronic report)

Contact CCNL Coaching Coordinator Judy May, mayjmayb@nf.sympatico.ca, to arrange courses. Usual minimum is 6 participants, maximum 12-16, and minimum age 14 yrs.

ICC (Introduction to Community Coaching), 10 hours, preparation for Bunny Rabbit Leaders*

ICC will be offered on-line next season. General module by Coaching Association of Canada, Coach Initiation, www.coach.ca is available now; cross country specific module fall '17

CC (Community Coaching), 16 hours, part on-snow, preparation for Jackrabbits*

L2T (Learning to Train), two 16 hour courses, dry-land and on-snow, preparation for Track Attack*

T2T (Training to Train), two 16 hour courses, dry-land and on-snow, preparation to coach athletes 11-16 years, Provincial Team level

L2T and T2T are usually offered regionally for participants from more than one club. Coaches who want these courses should let Judy know.

*= meets required CCC standard for that level and liability insurance coverage

Leaders taking these courses will receive instruction and information to make them more confident and prepared to offer a fun, safe and successful program. It's well worth the time and effort!

Learning Facilitators for ICC and CC, Judy May and Jeri Graham; for ICC through T2T, Mark Tierney. We need to train more LF's. If interested in being trained, contact Judy May.

Courses offered this season:

L2T and T2T Dry-land, Nov. 5-6 and 18-20, Corner Brook, 5 attendees, LF Mark Tierney

ICC and CC, Nov. 24-27, Lab City, 4 attendees, LF Judy May

T2T On-Snow, during Labrador Camp, 2 attendees, LF Mike Vieira, CCC

L2C on-Snow (Learning to Compete), Jan. 18-22, Ontario, Erik Charron attended

ICC, Jan. 29, Corner Brook, 4 attendees, LF Jeri Graham

ICC and CC, Feb. 3-5, Gander, 9 attendees, LF Judy May

Our Provincial Coach Luke Dunphy has progressed through ICC, CC L2T and T2T in the last year! Congratulations Luke!

Judy May, Hall of Fame Nominees (verbal)

- presentations can be done at another time suitable to inductees
- Barbara Taylor, Sonya Skinner, and Frank O' Connor (see Bios, separate report)
- Judy please send Hall of Fame Nominees to Karin

XCNL Team Administrator, Karin Kuhne (verbal report) This past year was an exciting one, with lots of new skiers. This was our second cash positive year, holding 3 camps: 2 dryland, and Lab camp. Also attended Eastern's and Nationals.

CCNL ADMIN REPORT - Karin Kuhne - April 19, 2107(electronic report)

This year was another exciting year for XCNL with the exit of some of our older athletes, and the introduction of younger ones. Although we had a financially successful year behind us, our administrative mandate was to build a cost-effective budget and control spending on the ground at XCNL camp/race events; we would maintain reasonable athlete travel fees with the best cost for value possible. All in all, we embraced the challenge of unforeseen government cutbacks, minor over spending issues and inclement weather, and successfully concluded a second cash positive year. This outcome was achieved through much planning, corrective budgeting and discussion for each even between Luke and myself. Additional description of my role is detailed below:

- Participated in weekly coach/admin conference calls.
- Kicked off the year mid-July 2016 with the annual XCNL team registration fee. The Zone 4 fee was set at \$250, due mainly to the influx of younger athletes requiring more team clothing than in past years. 16 athletes joined the 2016/2017 XCNL Provincial Team.
- Assisted with the organization of two dryland camps: St. John's Sept. 2-5, 2016 and Corner Brook, TBA June 2017. Zone 4 registration fee for St. John's was \$100, and 15 athletes participated.
- Set up \$900 for the Labrador "On-Snow" camp, Nov. 27-Dec. 4, 2016 travel fee on Zone 4. Sent out invite. Successfully applied for Labrador Travel Subsidy, booked flights via Harvey's Travel, coordinated airport logistics, arranged ground transportation, found accommodations and billeting arrangements. Coordinated "free night" social activities. Assisted with timing for the Labrador Open/NL Cup #1 races. (Luke Dunphy, Brian Dunphy, Mike Vieira, Karin Kuhne, 16 athletes).

- Decided to abstain from sending Team XCNL to WJT's in January because of cost inhibiting location of Park City, Utah. Team member, Makaila Hudson, did attend with her Lakehead University varsity team and was financially supported with \$250.
- Set up \$500 Eastern's, Feb. 1-5, 2017 travel fee on Zone 4. Sent out invite and communicated race registration process to selected athletes. Sought out and communicated best flight path choices. Communicated confirmed travel logistics, successfully applied for Labrador Travel Subsidy for Labrador athletes, arranged ground transportation, secured accommodations, and planned "free night" social activities. Communicated with the race secretary to obtain facilities. Although I wasn't physically able to attend, I was in regular communication with coaches and hotel management during the event, in addition to those parents whose athlete was affected by the return flight delay (Luke Dunphy, Jeff Cameron, Erik Charron, Jamie Merrigan, Nichola Ellis, Tina Newbury, 13 athletes).
- Set up \$1000 Nationals, March 15-26 Canmore travel fee on Zone 4. Sent out invite and communicated confirmed travel logistics, successfully applied for the Labrador Travel Subsidy for Labrador athletes, arranged ground transportation, secured accommodations. Booked on-site wax facilities. Once travelling, re-booked cancelled outbound flight. Aided coaches/athletes where needed on race site. Chaperoned/transported athletes. Planned and participated in "free time" social activities. Nationals Travel Subsidy was successfully attained at \$250/athlete and \$200 for two coaches. (Luke Dunphy, Jeff Cameron, Erik Charron, Karin Kuhne, 11 athletes).

Director of JackRabbits, Tina Newbury (verbal report, given directly from electronic report)

- Thirteen clubs from across the province placed orders for youth programming supplies
- We distributed 567 toques, 170 Buffs and 1000's of award stickers
- Notes from the most recent CCC Skills Development program (SDP) conference call, which took place on May 10th, included a summary of uptake of awards. It seems that most Bunnyrabbit and Jackrabbit participants are awarded technique stickers every year. Only a minority (25%) are receiving other award stickers, with the exception of sprint stickers which have 60% usage.
- The Track Attack awards are not used as much as Bunnyrabbit and Jackrabbit awards.
- CCC would like to learn if the goals of the programs are being integrated or is it a case of the awards not being handed out?
- Kidsfests- regions around Newfoundland and Labrador shared their schedule of events. I encourage clubs to make this information readily available to their membership. Also, we should remind our club members that this information can also be found on the CCNL webpage.

- I was involved in on-going email discussion between the three west coast ski clubs regarding planning a Kidsfest West event. Ultimately Pasadena Ski and Nature Park decided they could host the event. It was well attended and successful.

Tina Newbury

Kids Fest Discussion Midgets - CCC moved into 3 year age group, discussion around moving it back to 2 yr age group. We don't have the athlete pool to have a big age range and suggestion made to revise this and age to the tech package. Jamie Merrigan discussed the American model as year of birth and distance, and suggested the 2 year age bracket and by year of birth. Kids can compare with their peers and can see their success with their peers. It was noted that BC change their mode outside of the CCC set model and it was workable. Judy asked Shawn to check at next meeting about sub-dividing age groups and how to do this. Brian Dunphy also thinks 3 years is too big, Luke thinks it should return to 2 years, and Will Fitzgerald also agreed 2 years is good. Gerry asked Shawn Leamon to touch base with CCC and seek direction as the categories as is are confusing. We should be tracking participation rates in events, Luke is tracking. Camp participation was good, but no members from Central.

Para Nordic Director, Margaret Tibbo (verbal report) Continuing to promote para nordic skiing. Daniel Rees had been accepted to Med School, so I will continue in this role for now, I don't want to leave the role vacant. CCC PN grant money couldn't be spent due to schedules, couldn't get to all events.

Cross Country NL - Para Nordic Annual Report 2016-2017 (electronic report)

This was a mixed year for PN Skiing. We applied for and received a CCC PN Grant but were unable to execute it all. We had hoped to reach further across the Province but ended up mainly in the Avalon Region, where we did have some success. Daniel Rees took on the PN Lead position again and worked hard but his schedule prevented him from doing much outside of the Avalon Region. We had a rewarding experience with a skier of many years who was able to get back on the trails using a sit-ski. The project Daniel tried at MUN, based on research into the number of students with a disability was not what we would call successful...only one MUN student responded and was given assistance to get skiing.

We planned to participate in the FAST Women on Skis Program but this was cancelled.

We continued to support school ski programs. One inquiry from Forteau area led to the Corner Brook Regional High School lending one of their Snow Coaches to the school/club and a young student was able to participate in Club activities. It doesn't matter that a person may not be an independent skier but with adapted equipment and help, we can get young students outdoors and having fun! I believe funding was secured to acquire a Snow

Coach for the school/club. We still have equipment available in a number of locations and are pleased to have the new kneeling ski.

We will continue to promote and support PN Skiing and leading into 2018 and the NL Winter Games we will work with CCNL to see that any PN skier who wishes to participate in the Games has the opportunity to do so. We need to make sure that the Technical Package is reviewed and revised for Para and for Special Olympic skiers.

I thank, once again, CCNL for the ongoing support of Para Nordic Skiing.

Margaret Tibbo, Director-Para Nordic

Officials Director, Brian Brewer (no report)

Luke Dunphy, Head Coach XCNL Provincial Team (electronic report)

XCNL Coach Report 2017 Season

This season started off in the same manner as usual with the Labrador on Snow camp at Menihok. This camp continues to be a great success due to the early season timing and the overall cost effectiveness. \$900 per skier all-inclusive is simply the best bargain you will ever find for a week-long ski camp with a CCC coach. The one thing lacking with this camp is the opportunity for skiers to compete in a bigger NorAm caliber race. Other than this, it remains an excellent training opportunity at an excellent facility. As long as the economics remain consistent it is recommended to have this event next year.

XCNL travelled to Easterns and Nationals this year (separate reports appended). We chose to skip the world junior trials because of the expense in travelling to the US. The world junior trials are an excellent race opportunity, as they are linked with the Ontario cup circuit. This race provides good exposure to high level racing. The racing caliber is very high and only the most serious of racers stand a chance at World Trial consideration. XCNLs attendance for 2018 should be reviewed in the off-season before a decision is made. Easterns and Nationals continues to be a must for XCNL.

In province racing this year has been a bigger success than ever. The NL cup has been very well received amongst participants this year and has motivated many of our young skiers to get out for more racing. Appended is a table showing the participation numbers for each NL cup event over the last 3 years. Feedback has been very good and this format should continue to be supported. Feedback related emails are appended also. It should also be noted that hosting provincials after Nationals worked out very well and this is recommended in future.

There were 5 NL Cup races this season and they were all incorporated into existing club races and the provincial championships. This format worked well, as it filled out the race calendar on a regional basis. Clubs that were already hosting these events had to do a little extra planning but their events grew markedly. This same format should be adopted for next season.

As mentioned, there does need to be some technical package review for racing in the province. This is necessary to insure the safety of our racers and there should exist a minimum standard for any event, be it club race like the snowy owl, a local loppet or provincials. The tech packages should take into consideration the limitation of our many small clubs so that expectations are not set as a barrier to fun and enjoyable racing.

I've skied in races where the start line was drawn in Ketchup as well as National events, both of which were equally safe. The club and their organizers ultimately decide the standard of care. Newfoundland and Labrador has some great people in those positions who have been making these races work every year. Any technical information or training would be a welcome addition to an existing wealth of knowledge.

APPENDIX A – Participation History, 2017-18 Schedule, NL Cup Correspondence

	2015	2016	%change	2017	%change
Lab Open SK	18	16	-11%	36	125%
Lab Open CL	14	12	-14%	28	133%
TOTAL	32	28	-13%	64	129%
Ye Olde CL	39	29	-25%	39	34%
Ye olde SK	41	47	15%	46	-2%
TOTAL	80	76	-5%	85	12%
Summit SK	27	27	0%	45	67%
Summit Sp	0	0	0%	36	n/a
TOTAL	27	27	0%	81	200%
Gander Inw SK	67	19	-72%	58	105%
Gander Inw Sp	0	0	0%	42	n/a
TOTAL	67	19	-72%	100	426%
Provincials CL	57	61	7%	55	-10%
Provincials SK	57	61	7%	59	3%
TOTAL	114	122	7%	114	-7%
Season Total	320	272	-15%	444	63%

*** note: not able to find results from summit 2016, used 2015 numbers

*** note: not able to find results from provincials 2015 CL, used 2015 SK

*** note: 2016 provincials SK missing Jackrabbit categories, used CL 2015

Brian Dunphy, Director Junior Development (verbal report) Primary duty is to support the provincial coach as per policy and procedure manual. I will participate in events as needed and requested.

Junior Development Coordinator’s Report

CCNL

May 10, 2017

There has been a lot of emphasis on junior development this season. It started with the dry land training camps held last summer in Corner Brook and St. John’s. These camps were open to any young persons interested in developing ski specific strengths and skills and are an excellent introduction to provincial competition.

The dry land camps were followed by the Labrador Snow Camp. This camp was put off over the course of seven days in early December at Menihek in Labrador City. Sixteen athletes participated in this structured event and were provided with an early season opportunity to train on well groomed, top notch trails. This year, Mike Viera, a high performance coach with CCC put the young skiers through their paces and they received excellent instruction and feedback.

The “Lab Camp” culminated with the inaugural NL Cup Race – the Labrador Open. This two day event, put off by Menihek, was open to all age categories from jack rabbit to master skiers. The races were well organized, and there was lots of competition. From all reports this event was a huge success, and a big motivator for our young skiers providing them with an early start to the ski season.

The Labrador Open was the first of five events in our new NL Cup Race Series and it was followed by similar events in Corner Brook, Clarenville, Gander and St. Anthony. The stats show that these events were well attended and the participation was up over previous years.

The idea behind the provincial race series was to increase participation locally through the hosting of a number of provincial events across the island. Members of the Provincial Ski Team were required to participate in 4 of the races. Points were awarded for participation and placement and skiers with the most points in each age category were presented with vouchers for one of next year’s events.

This new race series appears to have caught on already. Participation numbers were good – up over similar events from previous years. The races are affordable, easy to access and provide lots of experience and competition. The events are family centered in that parent and child can participate in the same event. Our experience has shown that young skiers are more likely to stick with the sport where their parents are skiers and they have their support.

This year there were thirteen skiers on the provincial team. Besides the NL Cup races all skiers participated in the Easterns in Quebec in February and most participated in the Nationals held in Canmore in late March. While the competition at the events was fierce and we didn’t have any podium placements most of our skiers report being very satisfied with their performances and many posted pb’s.

This year three of our team members will be leaving: John St. Croix, Emma Taylor and Marie Manston. However, we have identified close to a dozen new recruits who we hope to see at our upcoming training camps.

Crucial to our junior development program is the recruitment of new skiers interested in the competition side of the sport. It is therefore crucial that we continue to promote and support introductory ski programs at the club level. To that end, our Jack Rabbit program is vital. As an organization we have to continue to promote and support this program. We also have to promote and host more events that the kids enjoy, that keeps their attention and that introduces them to friendly competition – like the kids fests that were held in Labrador City, St. Anthony and Pasadena this year.

I believe we should liaison with the schools that do not have ski-school programs to see if these programs are viable and to try and revive the high-school provincials. Last year there apparently was not enough interest in this event and sadly there were no high school races.

The future of our sport lies with the young. Hopefully, we can continue to attract enough young skiers to keep the sport of cross-country skiing alive and sell in Newfoundland and Labrador.

George Pink, Director P & P (verbal report) The manual was updated last week and distributed via email, tech packages need to be updated, and KidsSki Fest needs to be added.

Nick Soper, Events Committee - Jamie discussed benefits of fixed events has to do with development of efficiency and club comfort level. George stated that some clubs such as Aurora have a small volunteer base and 2-3 events for Aurora is too much. Shawn suggested to pool from other clubs. Disadvantage is the PT members on NP have to travel more, competition isn't there on the NP anymore. Nick thinks club exhaustion may be a factor.

Junior Development Prize Draw, Gerry Rideout - Had a good year this year. Prizes discussed. The prizes can be changed for other stuff, e.g. fitbit, Garmin, PAL flies to Halifax, Montreal, Quebec City. Greg thought that the cash conversion is an attractive option. Gerry stated that he will evaluate the prizes over the summer. Asked everyone to complete the reconciliation forms, they are very important and easy to complete, all the rules are included. (Gerry sent out a file with summary of what was received from the CCNL Ticket Draw for 2017, forwarded by Greg Noonan for submission to Bridget.)

CCNL Newsletter, Pam Cronhelm (Secretary). There were suggestions from previous meetings that the Newsletter format could use some tweaking. I have gradually been changing the format from what I inherited from Natalie. I would like to see more submissions as I know there is lots happening around the province, big things happening that other clubs could benefit

from, and knowing what's going on around the province. So please send submissions. Tina sent a great article from BMD on the Big Yellow Chair Event with some really great photos! The CCNL newsletter is circulated four times during the ski season, starting mid-Sept., mid-Dec., mid-Feb., and the end of April to clue up. I will send out an email about 2-3 weeks prior to the date of circulation asking for submissions. Basically, the newsletter is a compilation of news and events that the membership sends along, what they want to see. I try to include whatever I can. They are also added to the CCNL Website: crosscountrynl.com

NL Games/Nationals added to agenda

- Accommodations for Eastern's are already booked
- Easterns usually first Wednesday in February moving into the weekend
- It was requested that the CCNL Hall of Fame nominees be sent to Karin
- Karin and Luke will develop game plan before fall meeting
- Nationals and NL Games are in direct scheduling conflict
- Nick said he liked the idea of lowering age but complicated for Clubs that have less of a pool to pick from
- CCNL has to apply, a problem is that Deer Lake has no club or facilities
- Damien Clarke contacted Shawn Leamon to come out and assess their walking trails as soon as walkable
- Sport NL / Government will send out invitation, application out and due May 24. We will need a committee established and send out information to all clubs for run-offs. Application will require how many regions can submit a team, and also asks if there is another event that will draw the athlete pool, Nationals VS NL Games
- Will thinks we need to stay within our parameters and may be dropped from the list if Deer Lake cant meet course specifications. First step, Will to complete the application to be at the table for discussion.

Briefly discussed a concern from George Smith, about adults being awarded free race registrations from the NL Cup Finals end of season. Awards went to big supporters of racing who take their kids around the province for races. Luke indicated that \$180 total was paid out to adults. The general consensus around the table was this was not big concern.

7. Judy May, Nominating Committee - Nomination were circulated by email, results below.

Agreeing to stay: Gerry Rideout, Bridget Baker, Pamela Cronhelm, Blaine Pearce, George Pink, Margaret Tibbo, Karin Kuhne (**will also take on Director of Membership**).

Nick Soper is stepping down, but has recruited Paul Collett (Thanks). Greg Noonan stepping down, **Brian Moores has put his name forward for Western Vice President**. Darcy Hancock

declined to continue, Gerry is working on this position, maybe Allan Bock. Tina Newbury will continue, Judy May will continue, Brian Dunphy will continue, Luke will continue, Brian Brewer is stepping down but **Shawn Leamon will step in as new Officials Director**, he is working on Level 5 and Officials Training, National Level. Will Fitzgerald will continue. CANSI Director remains vacant.

Election of Officers by Greg Noonan, any other nominations from the floor which Judy has put forward? Gerry nominated Jamie Merrigan for CANSI Director. Nomination seconded by Brian Dunphy, Jamie accepted. Congrats from Greg.

8. New Business

- Government Grants have been applied for
- Fundraising and Sponsor recognition, we continue to receive support from TECK, PAL, and St. Anthony Seafoods.
- It was proposed for Karin to take in the CCC AGM - **Motion made by Judy, seconded by Blaine, carried.**
- There are new tech packages needed for Marathon, NL CUP series, Provincials, and KidsFests. The Tech Package Committee will be Brian Dunphy as Chair, and other members will consist of Shawn Leamon, Jamie Merrigan, Luke Dunphy, and George Pink.
- Bruce LeGrow would like to see a category added for 70-79, for Provincial events.
- Greg talked about the Marathon, 5 - 6 skiers wanted to do Classic but problem would be running into banquet time. Proposed that classic skiers start at 10am and the rest start at 1100. Sponsorship package discussed, see handout with opportunities. May not fit needs of all clubs hosting the event.
- AltaGas has Ski to School partnership grants available \$7500 which are extended to May 15.

Calendar of Events briefly discussed, too early to plan events at present will complete planning at the Fall meeting.

- Fall meeting will take place in Corner Brook, October 13-14. Pamela asked early due to having to book vacation early with her employer. **Motion made by Brian Dunphy, seconded by George Pink, carried.**

- Motion to adjourn meeting made by Luke Dunphy, seconded by Will Fitzgerald.
Meeting adjourned at 1430.

Pamela Cronhelm

Pamela Cronhelm

Secretary, CCNL Ski Association

