

Meeting Minutes - Karate NL 2018 AGM

Date: April 20, 2018, 12:20 PM to 1:35 PM

Location: Roncalli Elementary School

In Attendance: Derek Ryan, President
Wing Au, Vice President
Randy Carew, Secretary
Karen Besso, Director
Chris Regular, Director
Nathanial Besso, Director

Regrets: Paul Burton, Director
Kevin Ricketts, Beamers Karate Club

1. Minutes of 2017 AGM

- Moved by Karen Besso
- Seconded by Chris Regular

2. Reports

- President's Report:
 - Detailed report provided by Derek Ryan. (attached)

- Financial Report 2016-2017:
 - Detailed report provided by Paul Burton. (attached)

 - Tournament Committee Report (chair – Karen Besso):
 - Detailed report provided by Karen Besso. (attached)

 - Officials Committee Report (chair – Wing Au):
 - Detailed report provided by Wing Au. (attached)

 - Coaching Committee Report (chair – Derek Ryan):
 - Detailed report provided by Derek Ryan. (attached)
 - Idea of introducing a sports psychologist to assist with competition athletes discussed, especially with international level athletes.
3. Sub Committee Report (Equipment Purchase)
- Equipment purchase still under investigation by Chris Regular
 - Program software purchased by Wing Au

Respectfully Submitted:

Randy Carew

Karate Newfoundland & Labrador 2019 AGM

Coaching Committee Report

By: Nathaniel Besso

Points of Discussion:

1. *Provincial KNLPR*
2. *Sport Fest*
3. *High Performance Strategic Plan 2019-2020*
4. *Provincial Program*

1) Karate NL Provincial Ranking (KNLPR)

The Karate NL Coaching Committee has implemented a provincial ranking system to assist in provincial team selection. It is important to note that we do not base provincial team selection solely from the KNLPR. We only consider the athletes ranking when selecting decision. We are very happy with the system and intend to continue it in the coming year.

Full details and explanations of this system are available in the High-Performance Strategic Document.

2) Sport Fest

Karate NL's Provincial Team Members once again worked for 2 days in June to represent and promote the sport of karate at the NL Kids Expo. The event saw over 15000 young children in attendance and our booth was one of the most popular. We look forward to offering this service again at next year's event.

3) High Performance Strategic Plan 2019-2020

The coaching committee has also developed a High-Performance Strategic Plan for the 2019-2020 competitive season. In it we discuss implementing a professional development course for coaches, targeted events for athletes and point earning events. Please refer to this document for information on the stated topics.

4) Provincial Program

- Our provincial kumite program has once again had much success in producing athletes that can compete competitively at the national and international levels. We constantly are reassessing the needs and abilities of the province's athletes to further prepare and train them for high level competition. Our provincial team has also been working closely with the CSCA and are currently ongoing regular training programs with their staff.
- Our provincial kata program has seen some development over the past year with many of our athletes receiving targeted training and exposure to high level kata. This has sparked the interest of some, and we look forward to seeing where this program will go in the coming year.

Officials Committee Report - 2019

There were 4 tournaments held in 2018/2019 tournament year. As the year progressed the number of experienced officials declined due to work and school commitments.

We are now in dire need for new officials. The junior KNL team members and experienced technical officials are stepping in to assist at our tournaments. We need to rebuild/recruit new officials for next competition year.

Thank you

Karate NL OC

June 18, 2019

Karate NL Annual General Meeting: Tournament Committee Report

Committee Name: Karate NL Tournament Committee

Chair of Committee: Mrs. Karen Besso

Committee Members: Mrs. Kim Coady, Mr. Paul Burton, Mr. Chris Reglar

Tournament dates for 2018/2019

October 20, 2018: Karate NL Provincial Tournament #1

January 12, 2019: Karate NL Provincial Tournament #2

April 13, 2019: Karate NL Provincial Tournament #3

June 8, 2019: Karate NL Provincial Championships

Karate NL hosted 4 successful tournaments in the 2018/2019 competition year with a variety of provincial clubs that were both members of Karate NL and invited friends such as athletes from St. Pierre et Miquelon who are regular participants. All tournaments were held at the PowerPlex at 90 Crosbie Rd. St. John's, NL. Set up commenced at 7:30am on tournament day and the competition ran until 5:00pm. All tournaments had first aid in attendance whether it be St. John Ambulance volunteers or persons who are trained as first responders.

At the beginning of the competition year, Karate NL purchased new tournament medals and participation ribbons to replenish our supply. These are a new modern design and were well received by all participants. Thank you to Nathaniel Besso and Sensei Derek Ryan for facilitating the replenishment of medals and ribbons as well as designing both of the new designs.

At present our KNL tournament equipment is stored at Metro-Storage. This provides adequate space and easy retrieval for the tournament committee to obtain prior to each tournament. This is the first year for our new monitor and laptop scoring system. It has been well received by our volunteers, officials, competitors and spectators alike. It is a much needed upgrade in moving toward international standards of scoring equipment. Kata scoring has changed internationally as utilized at this year's Senior and Junior National Championships. We will strive as a provincial sports organization to attain equal footing in this matter, to be up to par with our colleagues across Canada and the world. This is something for which Karate NL will need to find the funds to upgrade our scoring system, in order for each judge per ring to be provided the necessary electronic scoring device.

This was a good year for tournaments with the number of competitors remaining consistent from participating clubs. All tournaments were well attended and consensus from all those in attendance was very positive. Athletes, parents and coaches have expressed good feedback to the committee. We have a great team of volunteers, without each and every one of them we would not be able to run such a successful, well attended, well organized event.

A lunch of subway subs and a light dessert was provided at tournaments for our volunteers. Water was also provided. Members of the Karate NL Provincial Team also provided a canteen service in an effort to raise

funds to cover travel expenses for competition. The short lunch break that we provide was enjoyed by all and was a good chance to connect as fellow volunteers.

To summarize, our goal since the inception of the Tournament Committee was to provide successful, well attended, well organized tournaments that address the need for a provincial competitive experience as well as a positive learning experience for athletes. There are still improvements that can be made; we are working toward greater success. These improvements include increasing the number of trained judges and referees to provide more volunteers, for a more time efficient tournament. The registration process has proven to be very difficult for our registrar and those involved in generating draws for the tournament, given the fact that there are so many changes being made when the information has not been entered accurately by clubs or parents about their athletes. This issue must be resolved. In modifying the registration process as a tournament committee chair, I must provide the link or process instructions earlier in relation to the deadline for registration. In the coming competition season we hope to implement changes in these areas to better serve our association and those involved in the tournament process.

Tournament committee wishes to thank the KNL board and all of our volunteers for their support this year. We look forward to our volunteer list growing to present an even more positive experience for all.

Respectfully submitted,



Karen Besso

Karate NL: Tournament Committee Chair