



**NEWFOUNDLAND AND LABRADOR SPORTS HALL OF FAME**

**SAMPLE/GUIDE  
ATHLETE**

**(The following information is fictional!)**

## **PART B**

### **PARTICIPATION AS AN “ATHLETE”**

#### **INTERNATIONAL COMPETITION (Olympics, World Championships)**

1984 – Rowed for Canada in the Olympic Games (4’s and 8’s).  
- Rowed in World Championships finishing 4<sup>th</sup> in both the 4’s and 8’s.

1983 – Rowed in the World Championships (4’s and 8’s).  
- Won a Bronze in the 4’s and the 8’s.

#### **COMMONWEALTH GAMES**

1982 – Rowed in the 4’s and 8’s winning Gold in both.

#### **NATIONAL COMPETITIONS**

1974 -1986 – Rowed in the Canadian Championships in both the 4’s and the 8’s.  
- Won numerous awards (see awards sheet).

1973 – Competed in the Canada Summer Games.

1972 – 1974 – Competed in the National Junior Rowing Championships.

#### **PROVINCIAL COMPETITION**

1990 – Inducted into the Provincial Rowing Hall of Fame.

1974 - 1986 – Competed in Provincial Championships won right to go to Nationals twelve times. Won numerous medals.

1973 – Competed in the 1973 Canada Summer Games.

1972 – 1987 - Competed in many local regattas throughout the Province winning numerous medals.

## **AWARDS/ ACHIEVEMENTS**

1990 – Inducted into the Newfoundland and Labrador Rowing Hall of Fame.

1972 – 1987 – Chosen Provincial Rower of the Year four times (84, 83, 82, 80).

1983 – Won a Bronze Medal at the World Championships in both the 4's and 8's.

1982 – Won a Gold Medal at the Commonwealth Games in the both the 4's and 8's.

1974 -1986 - Won a total of eleven medals at the Senior National Rowing Championships, 2 Gold, 3 Silver and 6 Bronze.

1972 - 1987 – Won 8 Gold, 8 Silver and 10 Bronze at Provincial Championships.

## **PART D**

### **SUMMARY**

John Smith over a fifteen year rowing career has exemplified the qualities of an outstanding athlete. Not only has he demonstrated world class technical ability in his chosen sport, he has also demonstrated those intangible characteristics which made him a world class competitor and stroke oar. His selection to the National Team and his success at major International events supports this claim.

In addition to John's strong competitive instincts, he has also demonstrated outstanding sportsmanship and a sense of fair play. This has been shown by his four selections as Provincial Rower of the Year.

In 1983 at the World Championships in West Germany, John stroked a spirited Canadian crew to a Bronze Medal in both the coxed 4's and 8's.

I, \_\_\_\_\_ (nominee) certify/declare that, to the best of my knowledge, the total contents of this nomination form are 100% ACCURATE/TRUE/FACTUAL.

Date: \_\_\_\_\_